

HOCKEY EQUIPMENT REQUIREMENTS

- C.S.A. approved helmet (with ear protectors) including a C.S.A approved facial protector (full cage or full visor)
- C.S.A. approved throat protector(collar or bib type)
- Shoulder Pads
- Elbow Pads
- Hockey Gloves
- Athletic Support Cup/Jock (Male) or Jill (Female)
- Hockey Pants
- Shin/Knee Pads
- Skates
- Mouth Guard (not mandatory)
- Garter belt (to hold up socks if athletic support system doesn't have velcro)
- Hockey Socks
- Practice Jersey
- Hockey Stick
- Hockey Stick Tape
- Hockey Bag (to haul all that gear!)
- A smile! 😊

